

TRACK YOUR PROGRESS ON SOCIAL

- Screenshot the Progress Tracker on the next page and save to your camera roll
- Upload to your Instagram or Facebook and customize with text or emojis
- You may also post a photo of yourself completing a daily challenge
- Be sure to tag us and use hashtag #PRO21Giveaway





PROTALITY DE CO DAY CHALLENGE DAY DAY 2 PROGRESS TRACKER DAY 5 DAY DAY DAY DAY DAY DAY 8 9 10 DAY DAY DAY DAY

11 12 13 14 DAY DAY DAY DAY

DAY DAY DAY 18 18

DAY DAY DAY 21

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